

Adult Day Programs in North Simcoe Muskoka

Adult Day Programs offer social, recreational and therapeutic opportunities for frail elderly as well as individuals experiencing memory loss. They are designed for seniors who need regular assistance and who are lonely and benefit from socializing with others. Participants currently live at home.

Adult Day Programs are funded by the Ministry of Health. Participants are required to pay a co-payment for each day they attend. The daily rate differs between programs. Services provided and program rates for Adult Day Programs are subject to change. Additional services such as hairdressing and caregiver support are subject to an additional fee. Appointments for tours of the facilities may be made in advance with program staff.

The goal is to maintain the patient's optimum level of intellectual, physical and social capability as well as provide respite and support to the family and the caregiver. Activities are to be therapeutic, needs related, and offered in a non-threatening, enjoyable environment. All Adult Day Programs have friendly, caring and professionally trained staff who have recreational backgrounds. They work closely with participants and their families to ensure the goals of the program are met. Nutritious meals and snacks are also provided.

How Do I Access an Adult Day Program?

Call Home and Community Care Support Services North Simcoe Muskoka to ask about Adult Day Programs. If you wish to apply, we will need consent from you or your Substitute Decision Maker.

- A care coordinator will assess your care needs to determine eligibility for an Adult Day Program.
- If you are eligible, your assessment will be sent to the Adult Day Program(s) of your choice for their review.
- When a suitable spot becomes available, the program will contact you to discuss your attendance.
- We recommend that you visit the day program prior to attending so you can speak to the staff and see some of the activities available.

For a description of Adult Day Programs in North Simcoe Muskoka, see other side

Home and Community Care Support Services North Simcoe Muskoka

Telephone: 705-721-8010 or Toll Free: 1-888-721-2222

(seven days a week, 8:30 a.m. to 8:30 p.m.)

Visit our website at: healthcareathome.ca

For health and community services, visit nsmhealthline.ca

ADULT DAY PROGRAMS

LOCATION	HOURS	DAILY \$	TRANSPORTATION	SERVICES OFFERED	CONTACT
Wendat 44 Dufferin St. Penetanguishene	Mon to Fri 10 am – 4 pm	\$5.00 lunch	<ul style="list-style-type: none"> • Red Cross • Community Link 	<ul style="list-style-type: none"> • Exercise Programs • Gardening • Games, arts, crafts & music • Education • Physically & mentally stimulating exercises 	Program Supervisor 705-355-1022 Ext. 226 www.wendatprograms.com
County of Simcoe 101 Thompsons Rd. Penetanguishene	Mon to Fri 9 am – 3 pm	\$22.00	<ul style="list-style-type: none"> • Red Cross • Simcoe County LINX • Community Reach 	<ul style="list-style-type: none"> • Gardening • Arts, crafts & baking • Physically & mentally stimulating exercises 	Program Manager 705-229-7880 www.simcoe.ca
County of Simcoe 17 Allenwood Rd. Elmvale	Mon to Thurs 9 am – 3 pm				
VON Barrie	Mon to Fri 9 am – 3 pm	\$25.00	<ul style="list-style-type: none"> • Red Cross • BACTS* 	<ul style="list-style-type: none"> • Gardening • Arts, crafts, music, baking • Exercise Program • Woodworking - Barrie & Orillia 	Program Supervisor 705-720-2532 www.von.ca
VON Bracebridge			<ul style="list-style-type: none"> • Red Cross 		Program Supervisor 705-637-0655 www.von.ca
VON Collingwood			<ul style="list-style-type: none"> • Red Cross 		Program Coordinator 705-444-2457 www.von.ca
VON Orillia			<ul style="list-style-type: none"> • Happy at Home • Helping Hands 		Program Supervisor 705-326-7505 www.von.ca
Senior Encounter Program Barrie	Monday 9 am – 12 pm & 1 pm – 4 pm Tues & Thurs 9 am – 12 pm	\$10.00	<ul style="list-style-type: none"> • Red Cross • BACTS* 	<ul style="list-style-type: none"> • Physically & mentally stimulating exercises • Active Games • Board Games 	Grove Park Home Director of Community Support Services 705-792-7396
The Friends Huntsville	M · T · TH 9 am – 3 pm	\$15.00	<ul style="list-style-type: none"> • May be arranged, \$2.00 each way 	<ul style="list-style-type: none"> • Recreational activities in an integrated setting • Exercise • Games, music & education • Gardening • Crafts • Pet Therapy 	Program Coordinator 1-855-687-5100 Ext. 221 www.thefriends.on.ca
The Friends Gravenhurst (Bracebridge residents may attend – see transportation)	Mon to Fri 9 am – 3 pm				
The Friends Utterson	Wed 9 am – 3 pm				

* Barrie Accessible Community Transportation Service