

Palliative Care Services Referral Form (Adult)

Palliative Care Nurse Practitioner Referral Form (Adult)

To qualify for palliative care services (excluding Palliative Care Nurse Practitioners) the patient's prognosis must be <12 months

Patient Details and Demographics									
Surname:	First Name(s):								
DOB: Gender: □Male □Fe	Gender: □Male □Female □Other HCN:								
Address:	City:			Postal Code:					
Primary Phone No.:	Alt. Phone No.:								
☐ Patient has consented to Palliative Care Referral									
Alt. Contact Name:	Relationship: POA	lationship: ☐ POA/SDM ☐ Spouse ☐Other:							
Phone Number:	Alt. Phone Number:								
Health Information									
Primary Diagnosis:	Metastases (if applicable):								
Allergies: □No known allergies □ Yes (please indicate):									
Prognosis: □<2 weeks □2 weeks-1 month □<3 month □<6 months □<12 months									
PPS (see page 2 for PPS Scale): □10% □20% □30% □40% □50% □60% □70% □80-100%									
Reason for referral:	□Yes □No – Palliati	tive statu	s discusse	d with patient					
☐Yes ☐No – Resuscitation status discussed with patient ☐Yes ☐No – Patient DNR		□Yes □No – Patient currently on service with Home & Community							
	Care Support Service			ton					
Palliative Care Nurse Practitioner (NP) Referral – IF REQUIRED Note: NPs are available to follow patients regardless of prognosis or PPS									
Urgency (check one): ☐ Patient to be seen within 1 business day or ☐ Patient to be seen within 1-5 business days									
Reason for NP referral - please include consult note with this form (mandatory):									
Referring Practitioner Information									
Name:									
			□MRP	Designation: □MD □NP □RN					
Phone Number:	Alt. Phone Number:		□MRP	Designation: □MD □NP □RN					
Phone Number: Signature:	Alt. Phone Number:		□MRP	Designation: □MD □NP □RN Date:					
		<u></u>		Date:					
Signature:	mation (if not same a re	eferring		Date:					



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Palliative Performance Scale (PPSv2) Version 2

PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable Normal Job/Work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/housework Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	-	-	-	-

Mississauga Halton Palliative Care Nurse Practitioner

- Provide support to the primary care team and specialist providers to address complex palliative care needs and increase capacity
 within the region to provide palliative and end of life care.
- Provide shared care with the most responsible provider (MRP)
- Provide face to face patient assessments in home, physician office and/or hospital
- Assist with complex or refractory pain and symptom management (e.g. pain, nausea, dyspnea, anxiety)
- Assist with complex or refractory psychosocial needs of patients and their family during life transitions
- Able to prescribe all medications related to a patient's palliative needs, including opioids
- Develop goals of care and/or end of life planning
- Provide strategies to reduce ED visits or hospitalizations
- Assist with complex hospital discharges or other transitions
- Able to follow a patient on a community team with a prognosis >12 months